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3 Simple Tips

to Solve Your Everyday Problems

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Foreword

“Problems” I have to admit that I don’t like this word and every time I heard about it, it just gives me stress. How about *“Solve the Problems”*, well, this word is better, it gives me the positive attitude that things may be done successfully. However, in reality, it is not that easy to deal and solve with every problems. I believe that each of us is now pretty much facing the same problems; such as, job, family, finance, study, health, and etc. Either you live in USA, Europe, Asia, Middle East, or anywhere on this planet, I’m sure that we all are experiencing problems in our daily lives and we try to solve them the best we can. In this case, I want to emphasize the problems into two categories: external and internal problems. I had been through many problems in my life both external and internal problems and most of the time I felt like I want to give up because I felt that everything just go against me, however, I always fight with them and in the end, I can find a solution to a problem. But I can tell you right now, it’s **NOT** easy in a practical way, but if you believe in yourself that there is always a solution to every problem, by having this attitude, you are already a winner in a halfway toward the goal line. This is the starting point of why I think my topic about **“3 Simple Tips to Solve Your**

Everyday Problems” is interesting and needs to send the messages across this whole world.

First of all I have to let you know that I am not a professional problem solver. I'm just an ordinary person same like you, who have problems that have to deal with everyday; sometime, I can handle it successfully, sometime, I can't. But I always manage to solve them in the end successfully; many times though that I had made mistakes, but again, learning from the mistakes are the greatest experience that you could learn in your life and because of that it made you become stronger and more cautious when you will do things in the future and you would always remind yourself that you won't repeated the same mistakes again. Most of the time, I have to admit that I had waste lots of time, energy, and money try to solve problems. However, by me saying that you don't have to worry about it anymore, because you don't have to waste lots of time, energy, and money like what I had experienced before, now “YOU” as the owner of this e-book, you will find my tips that I've been used them and still continue using them in order to help me to solve my every problems smoothly and successfully. Please consider yourself “lucky person” that you have this e-book because in **“3 Simple Tips to Solve**

Your Everyday Problems”, you will find lots of useful information that you can use them in your daily live.

I decided to share my experience about how to solve everyday problems because I think that it is necessary that everyone needs to know, how to solve them successfully and I believe that **everyone CAN DO IT**, no matter who you are, where you live, what problems you are facing right now, if you follow my powerful tips, they work for me and I'm sure that they will be helpful for you too.

Thanks to you as my reader, thanks so much for supporting my e-book. I am sure that the money you had spent on buying this e-book; will be worthwhile for you and you will learn something that actually can apply. May God bless you and be successful in solving every problem in your live smoothly.

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November 2011

Chapter 1: Overview about Everyday Problems

“Everyday Problems”, the first time when I decided to write the e-book about this topic, I have to admit that there are lots of information that I can think of and want to share with you and when I actually researched more details about this topic, I found out that many books out there sell about everyday problems and how to deal with them, and of course most of them are more than 100 pages; which is **NOT** my goal of writing this e-book, I don’t want to explain the whole theory of the everyday problems, solving problems skill, decision making method, and etc. because I’m not the professional problem solver, I’m just the ordinary person same like you, but what I want to share in this e-book is purely based on my own experience about the problems I had to encounter and how I used my knowledge and tips (which you will discover them in chapter 4) in solving my everyday problems.

When you walk along the street and meet with people, I would like to ask you to do one thing (only if you want to); ask people that you meet and they talk with you back when you start to have a conversation with them. Please ask them this question, “What do you think is your everyday problems?” and take note of what people reply

back to you. I'm sure that you will get different answers from these people. And for me, I had asked couple of my colleagues, my friends, people I met in the place where I go, such as at the bus stop, in the restaurant, along the street, and *here are some of the answers that I got from them:* An everyday problem working people face everyday is getting to work and try to save money at the end of the month, **NOT** living paycheck to paycheck. My everyday problem is I have a chaotic mornings in trying to get out of the house on time, either go to work, to school, etc., I can't find my car keys, briefcase, or etc. An everyday problem that I face is dealing with others attitudes. My everyday problem is worrying if my parents and little sisters are ok, if they are going to have enough food to eat or are they safe in where they live, and so on and on.

I believe that everyone has everyday problems, but it will be varies from individual and the way how people solve his everyday problems also not the same because of the age, knowledge, experience, family background, society, culture are involved; the adults and the younger people may solve the same problems in different way because they are looking from different perspectives. *But these factors are not that important than how you can solve your everyday problems successfully and that's the bottom line.*

In my opinion, the more you consume all news from the media, other people; the more problems you see; and the more stressful you become (which in fact most of the problems are not yours and in my opinion, if it's not yours then don't worry about it, let others deal with it, you solve your own problems and that should be enough) However, if it's the common problems that everyone has to share his responsibility; such as the environment problems that every countries are facing right now, make sure that you involve in it as well...***just be part of the solution NOT part of the problem***, I.E. try to reduce the use of plastic bags, use the cloth bags when go to supermarket and do for your grocery shopping. Got it?

I still always believe that if there is a problem, there also has a solution for it. It's like the equation in Mathematics that you try to solve the problem and in the end you will get the answer, either right or wrong, you still get the answer. However, I also admit that NOT all the problems we can solve successfully but I believe that if you can solve your everyday problems at the average of 75% you are doing great, but if you can solve more than 75% you are SUPERB!!! You should give yourself a credit for that.

The idea of human for solving all various problems; that can be done in different ways; such as, scientific ways of thinking, a mathematical way of thinking, by using your imagination, or thinking as a wording; in which if we are still repeating doing the same thing, think like what we used to think, no serious attention to the recognition of the new stories or develop the new things, we will be **“BEHIND”** the rest of the world. On the other hand, if we try to consume everything but lack of analysis, it will make us to have too much information but we could not make a good decision because some of the information maybe wrong which caused by the wrong presentation of the media or maybe that is what the media intent to present to the audience. Therefore, we need to develop ideas to solve problems in various forms, which in this case, I would like to talk about *“thinking skills”*.

What is thinking skills? In my opinion, “thinking skills” is the ability to think on the basis of advanced ideas. There are many skills of thinking skills; such as, discrimination, dissection, dilatation, the initiative, and etc. As for the idea of thinking skills is the patterns of thinking that included cognitive skills and many different skills combined together, because to solve one problem, you may

need to use different skills complement with each other in order to solve it successfully.

In the end, talking on “overview about everyday problems”, I have to conclude that, we “human beings” are social animals; therefore, cohabitation is a very important and extremely necessary. *Most of the conflicts that occurred regularly caused by “NOT UNDERSTANDING” of human beings, that’s it!!!* The happiness which is the best wishes of human beings is the happiness that we, as human beings, have the ability to **LIVE TOGETHER SMOOTHLY**. Until that day comes, when human beings are not setting the walls between races, nations, religions, beliefs, and etc., then our world will be a **BETTER** place to live and we all will be living together happily; but in the meantime, try to solve your everyday problems the **BEST** you can. I believe that if everyone can solve his everyday problems successfully, the bigger problems that we all have to face and solve together; it can be done successfully as well.